

Save the date!



*Avodat Halev: Cultivating
a Heart-based Approach
to Jewish Prayer*

*A Shabbat Retreat
for Lay Leaders
with the
Institute for
Jewish Spirituality*

July 10-13, 2008

*Trinity Retreat and
Conference Center*

*West Cornwall,
Connecticut*

Join IJS Rabbis Rachel Cowan, Sheila Weinberg and Jonathan Slater for a soulful Shabbaton, a time for silence and reflection, song and connection.

Together with some of the leading teachers of contemporary Jewish Spirituality, in an exquisite retreat setting, we will investigate the experience and practice of prayer in our own lives.

We will use a variety of forms - study, song, davening, body-prayer and meditation - supported by contemplative silence, to help us see more clearly how we pray, and when, to wake up to the movement of prayer in our souls, cradled in the beauty of Shabbat and the warmth of community.

Cost: \$475pp for a shared room, and \$650 for a single.



FOR MORE INFORMATION, PLEASE CONTACT PAT FETTINGER
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